



Good sources of information and support on fussy eating

Tiny Tastes

<http://www.weightconcern.org.uk/tinytastes>

Pack available from <http://www.fbs.me.uk/eShop.php>

New hope for parents of picky eaters



Developed by experts at University College London,
Tiny Tastes makes trying new vegetables into an enjoyable game
Now available to buy from www.weightconcern.org.uk/tinytastes

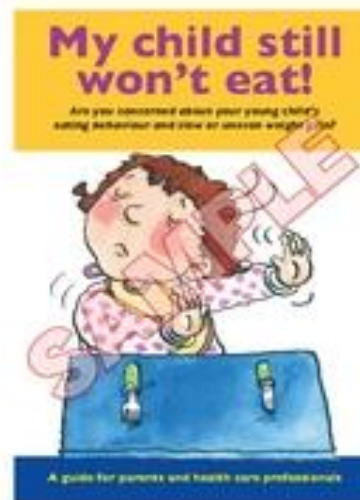
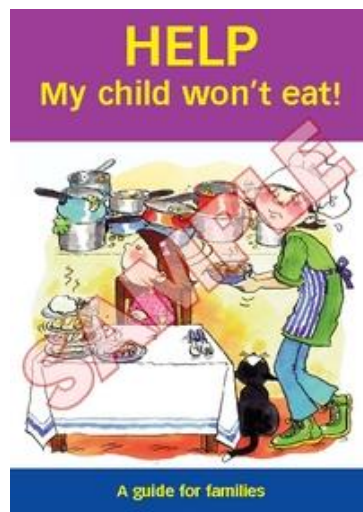
British Dietetic Association

Help! My child won't eat

My child still won't eat

These booklets are currently being reviewed and are out of print – but can be viewed as a pdf at <http://www.ndr-uk.org/BDA-Paediatric-Group/View-all-products.html>)

New versions should be available soon.



NHS Choices

<http://www.nhs.uk/Conditions/pregnancy-and-baby/pages/fussy-eaters.aspx#close>

Scottish Government: Ready Steady Toddler

<http://www.readysteadytoddler.org.uk/everyday-routines/food-and-diet/index.aspx>

Welsh Government

A Psychological Guide for Families: Feeding & Eating

<http://www.wales.nhs.uk/sitesplus/866/opendoc/173382>

There is also a useful publication from **Early Childhood Australia**.

Everyday Learning about Fussy Eaters.

http://www.earlychildhoodaustralia.org.au/pdf/everyday_learning/lah0603.pdf

